Langley Parents as Partners in Learning Presents in partnership with Langley's Middle Childhood Matters Program

MY Tween and ME

Discover the full potential of your relationship with your pre-teen. You and your child have come through the demanding early years. Now you realize there are new challenges ahead and potentially big challenges!

This 8-session parenting program works to help parents from diverse family backgrounds build strong, healthy relationships with their tweens. Parents will be given the confidence and skills to quide their children through the risk-taking teenage years into resilient adults.

My Tween and Me will open your eyes to all the ways you can continue to influence the choices, values, and goals that your children aged 7-12 make. It will also give you insight on how to help prevent the early use of drugs, alcohol and other risky behaviour -- by helping you discover your own skills and strengths as a parent.

> Build lasting connections with your tween that will help them to make safe healthy choices now and during their teen years.

* This workshop series is for parents and tweens. Please take note of dates below.



Parent only on the following dates: Thursdays, Oct 1, 8, 15, 22, & 29, 2015

Parent and Tween on the following dates: Mondays, October 19, 26, & November 2, 2015

7:00 - 9:00 pm

Richard Bulpitt Elementary School 20965 - 77A Avenue, Langley \$50 per family

My Tween and Me

Cost for this workshop series is \$50 for both participants. Registration is limited!! Be sure to book early!!

To register online and pay online please go to www.parentsaspartners.wordpress.com and follow the Workshop Registration link.

Alternately, if paying by cheque, please fill out the form below:

_____ School:____ Name:

Please make cheques payable to Langley Parents as Partners in Learning.

Send to LPPL, c/o K Heber, Langley SD#35, 4875-222nd Street, Langley, BC, V3A 3Z7.

Phone #:

As we are a not-for-profit organization there are no refunds for unattended workshops.

www.parentsaspartners.wordpress.com --- <u>langleyparentsaspartners@gmail.com</u>



Email Address:

Thank you to the following organizations for their support:









